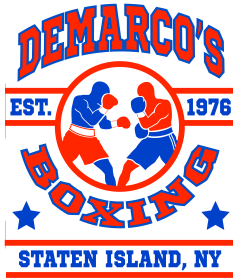


COMMIT TO BE FIT CHALLENGE AT DEMARCO'S BOXING GYM



Looking for that extra push to get motivated now that summer is quickly approaching?

Program runs 4/1/13- 5/31/13

Join our 8 week program which includes:

- unlimited access to all classes at our gym (Boxing for Fitness and Cardio Kickboxing, 20 classes offered weekly)
- exclusive access to our Sunday morning classes open ONLY to our challenge members. Classes will change weekly and range from boxing, kickboxing, yoga, boot camps, etc.
- (1) free half hour of personal training to be used during the 8 weeks.
- 15% off every personal training hour booked during this time
- discount card to be used at our local Muscle Maker Grill that will entitle you to discounted quick, healthy meals during the challenge.

This is a great program for you if you are looking to push yourself a bit harder, try new workouts and get motivated to stay on track by great trainers- all while attaining your own fitness goals and meeting great people!

**Program kick-off is Saturday, March 30th between 10am-12pm
at DeMarco's Boxing Gym**

Payment of \$200 per person is due upon sign-up.

You will have the option to weigh-in and get measured as a way to track your progress throughout the challenge.

You will receive your Muscle Maker discount card, class and program schedule and everything else you'll need to meet and surpass your fitness goals.

For more information or to secure a spot in this program and RSVP to our kick-off, e-mail demarcosgym@aol.com